In her warm, straightforward style, Dr. El explains how nursing homes work and how people can make the most of their stays. Her resident narrators bring the information to life through their stories and wise counsel. The Savvy Resident’s Guide is an indispensible tool to improve the quality of life in long-term care.

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ELEANOR FELDMAN BARBERA is a speaker and consultant who applies psychological insights to create nursing homes where EVERYBODY thrives.

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